



# The Value of Developing and Implementing Patient-Centered Care Models to Reduce Opioid Usage

KHA Annual Meeting

May 10, 2019

# Panel Members

- Dr. William Melahn – CMO, St. Claire Regional Medical Center (SCRMC), Morehead, KY
- Dr. Phillip Overall – Medical Director of Emergency Services, SCRMC
- Dr. Jacob Perry – General Surgeon, SCRMC
- Dr. John Sanders – Medical Director of Hospice and Palliative Care, SCRMC
- Doug Oyler, PharmD – Director, Office of Opioid Safety, University of Kentucky, Lexington, KY
  
- Dr. Terrence McWilliams – Moderator  
Chief Clinical Consultant, HSG, Louisville, KY

# Topics of Discussion

- The panel will discuss the following topics:
  - How SCRMC decided to strive to curtail opioid use in the community
    - County identified as one of highest per capita opioid usage in the state in a CDC report (article published in local newspaper)
    - Physicians voiced concern and frustration with opioid demands and usage
      - Desired active program and uniform policy to combat
  - How this issue applies to other counties in the state
    - How can other health care entities determine the significance of the issue in their areas of operation

# Topics of Discussion

- The panel will discuss the following topics:
  - How SCRMC was able to alter care delivery in several areas to critically review opioid usage yet maintain its patient-centric focus
    - Created an Opioid Stewardship Program
    - Created a new patient care clinic to review chronic opioid usage
    - Defined emergency Department Policy consistent with stewardship approach
      - Defer refill requests for chronic prescriptions to the originating provider
      - Pursue non-opioid interventions for acute pain management
      - Minimize use of opioids for acute pain management to a last resort approach and with only as many as required to bridge to follow up appointment
    - Modified intra-operative and post-operative pain management approach in bariatric surgery and general surgery cases to minimize or eliminate opioid usage
  - How these approaches can be used in other health care facilities in the state

# Topics of Discussion

- The panel will discuss the following topics:
  - How the interventions are anticipated to benefit the community's health
    - Other favorable outcomes related to their initiatives
      - Provider satisfaction
      - Staff satisfaction
      - Patient satisfaction
  - Adverse outcomes related to their initiatives
  - Anticipated future initiatives

# Audience Participation

- The audience will be actively encouraged to participate throughout the panel discussion
  - Audience questions and comments will undoubtedly lead to other points of emphasis and topics of discussion during the program